Committee Semiannual Report
to the ACSM Board of Trustees
May 30, 2015 · Board Meeting · San Diego, CA

1. **COMMITTEE NAME:** Obesity Prevention (ad hoc)

2. **REPORT DATE:** May 6, 2015

3. **SUBMITTED BY:** John Jakicic, PhD, FACSM, Chair

4. **PROGRESS UPDATES IN REGARD TO SOAR:** Work is underway in the development of the ACSM Obesity Portfolio, with two major goals: Develop and integrated portfolio approach to ACSM’s Obesity and Energy Balance efforts; and 2) Position ACSM as a U.S. and global leader in physical activity, obesity and energy balance. The Obesity Portfolio will use a platform called Active U: An ACSM platform for preventing and treating obesity and promoting energy balance. The core components include: Thought Leadership, Professional Education and Practice, Public and Policy, Collaboration, eventually evolving into a Signature Program.

5. **OTHER ADDITIONAL UPDATES:**
The committee is working closely with the 2016 World Congress on Energy Balance planning committee to develop the content for the WC.

Several members of the committee are working on the Position Stand, Role of Physical Activity in Obesity Treatment for Patients Undergoing Bariatric Surgery (joint PS with the American Society for Metabolic and Bariatric Surgery), which is underway. The Writing Group has completed data extraction and is working on the manuscript.

6. **INDICATE IF THERE ARE SIGNIFICANT VARIANCES FROM BUDGET FOR THE COMMITTEE’S ACTIVITIES:** None at this time.

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